

chartwells

eat. learn. live.

2020

Elementary-Middle Menu

Give Us a Try

	Monday	Tuesday	Wednesday	Thursday	Friday	Meal Price:	
Week 1 Sept 14-18 Sept 28-Oct 2 Oct 12-16 Oct 26-30 Nov 9-13 Nov 23-27 Dec 7-11	Spaghetti with Lean Meat Sauce or Marina Sauce, with Caesar Salad, Fruit of the Day	Chicken Strips, Mashed Potato & Hot Veggies with Side of Fruit	<u>Lunchables</u> 6 Pinwheel Ham and Cheese Sandwiches Veggie Sticks Mini Rice Krispie Square Fruit of the Day	Hamburger with Baked Potato Wedges or Veggie Sticks & Dip and Side of Fruit	<u>Lunchables</u> 4 Garlic Breadsticks Pizza Sauce Cucumber Slices Mini muffin Fruit of the Day	Includes Milk	\$6.00
Week 2 Sept. 21-25 Oct 5-9 Oct 19-23 Nov 2-6 Nov 16-20 Nov 30-Dec 4 Dec 14-18	Vegetarian or Meat Lasagna with Tossed Salad	Homemade Pancakes topped with Berries, with or without Ham Slice, Cucumber Slices	2 Soft Taco Filled With Beef, with Tossed Garden Salad Fruit of the Day	Chicken Burger, Baked Wedges or Veggie Sticks & Dip	<u>Lunchables</u> Naan Wedges Pizza Sauce Pepperoni Slices Shredded Cheese Mini Brownie Fruit of the Day	Sandwiches: Grilled Cheese Chicken Salad Sandwich Egg Drinks: 250ml Milk Bottled Water Frozen Juice Cup Juice Boxes Salads: Caesar Salad Garden Salad Add Chicken to your salad Other Pizza Chicken Burger Hamburger CheeseBurger Snack Wraps Snacks: Veggies and Dip Crackers & Cheese Fresh Fruit Fruit Cup Apple Slices w/Dip Pudding Cup Homemade Cookie Homemade Muffin Homemade Banana Bread	\$3.50 \$3.75 \$3.75 \$0.55 \$1.50 \$1.50 \$1.25 \$3.85 \$3.85 \$1.25 \$3.85 \$4.25 \$4.00 \$4.75 \$3.75 \$1.50 \$1.75 \$1.25 \$2.25 \$3.00 \$2.00 \$0.75 \$1.50 \$1.50
Daily: Pizza, Hamburger, Chicken Burger, Snack Wraps							
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